Improving social care outcomes: Do staff employment conditions make a difference? A quantitative analysis using secondary data from England.



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Disclaimer

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Introduction

- Staff play a key role in supporting people requiring long-term care (Donabedian, 1988)
- Emerging evidence on the importance of pay and conditions as drivers of labour supply (Moriarty et al., 2018; Vadean & Saloniki, 2021; Vadean et al., 2024)
- Wage effects on quality of care (Allan & Vadean, 2023a; Ruffini, 2022; Cawley et al., 2006)
- Appropriately valuing improvements to pay and conditions
- We estimate the influence of staffing factors on individual care outcomes and social care-QALY gains from changes in pay





Theoretical motivation

- Care quality and productivity
 - Quality of care as element of social care productivity (Yang et al., 2017)
 - An increase in staff productivity will a) reduce time taken to complete task and/or b) increase care quality itself
 - Limits to productivity increases
- Care quality and staffing
 - Link wage, training and contract type to care quality via labour economic theory
 - E.g. efficiency wage theory (Allan and Vadean, 2023a)





Data – Adult Social Care Survey

- Adult Social Care Survey data for 2017-2019 & 2021
 - Annual survey of adults 18+ that are supported by public funds through LAs
- Data on: Support setting, age, gender, ethnicity, needs (ADL count), self-rated health, unpaid care support, primary support reason and funding situation (i.e. private top-up)
- Social care-related quality of life (SCRQoL) ASCOT
 - Eight domains with four outcome states: ideal state (all needs met), no unmet needs, some unmet needs, and high unmet needs
 - ASCOT is preference weighted, i.e. can be converted into social care-QALY (Netten et al., 2012)
 - Values ranging from -0.171 (worse than dead) to 1





Data - Workforce

- LA-level estimates of workforce and conditions provided by Skills for Care
 - Using Adult Social Care Workforce Data Set (ASC-WDS)
- Data available on average hourly pay, training (percentage of staff with relevant social care qualifications) and contract type (percent of workers employed on a ZHC).
- We matched data for independent sector care workers only to ASCS data by year, LA and setting
 - To minimise differences in staff quality, e.g. type and sectoral differences
 - Also controlled for average age, gender (% female), nationality (% British), and average experience in social care





Data – Controls at LA-level

- Wealth/income: Income support & pension credit uptake, house ownership rates, self-funding estimates (latter for 2019 & 2021)
- Needs: Living alone (%) and Disability Living Allowance (DLA) & Attendance Allowance (AA) uptake
- LA population/policy: Population (density) and local authority adult social care expenditure per person receiving care
- Labour supply: Median wage of all workers in the LA
- Unpaid care: Carer-related measures from Survey of Adult Carers in England (SACE)





Methodology

• Estimated a model of SCRQoL:

 $SCRQoL_{ij} = \alpha_{ij} + \beta I_{ij} + \gamma A_j + \varphi S_j + \mu_{ij}$

- Where quality of life depends on person-level (I) and LA-level (A) characteristics in addition to staffing characteristics (S)
- Staffing measures at LA-level should control for endogeneity as natural spatial instrument
- We controlled for clustering of outcomes at LA-level using multi-level models.
 - Not significant difference to OLS models
- Estimate model using pooled data and for individual years





Amount of care

- No measure of amount of care in model
 - Impact on quality of life
- Assumed that other controls act as proxies in the model
 - e.g. number of ADLs, care top-ups, age, support setting, primary care reason
- Estimate model with and without amount of care proxy controls
 - Expect estimated effect to fall (bias towards zero)





Estimating QALY gains and cost per QALY

- Assumed LAs paying a higher average wage as an 'intervention',
 - Control group: LAs paying national average wage
- Average QALY gain per care recipient for £0.25, £0.50, £0.75 & £1 higher wage estimated from model
 - Estimated a range of confidence in these figures
- Total QALY gain for average LA at each wage calculated using Short and Long Term Care (SALT) data on people receiving support
- Wage costs per person supported estimated using number of FTE care workers in average LA for each wage increase
 - Ignored knock-on increases in costs to providers (e.g. pensions, NI, pay differentials)





Incremental cost effectiveness ratios (ICERs)

- Calculated ICER for each 'intervention' compared to control group
 - Equal to difference in wage cost per person supported divided by QALY gain per person in 'intervention'
- Using assumed comparability we compared across 'interventions' to assess which was more cost effective





Descriptive statistics – individual level

	2017	2018	2019	2021
Care recipient level				
Social Care Related Quality of life	0.781	0.778	0.777	0.749
	(0.209)	(0.213)	(0.214)	(0.224)
Primary support reason (Physical = 0 / Other = 1)	0.231	0.229	0.209	0.204
	(0.422)	(0.420)	(0.407)	(0.403)
Independent ADLs (0-7)	3.62	3.56	3.58	3.62
	(2.22)	(2.20)	(2.19)	(2.22)
Top-up care (No = 0/ Yes = 1)	0.413	0.417	0.418	0.425
	(0.492)	(0.493)	(0.493)	(0.494)
Health (Very bad = 1 to 5 = Very good)	3.09	3.07	3.08	3.01
	(0.99)	(1.00)	(0.99)	(1.01)
Informal care (No = 0 / Yes = 1)	0.848	0.849	0.849	0.842
	(0.359)	(0.358)	(0.358)	(0.365)
Ethnicity (White = 0 / Not white = 1)	0.104	0.110	0.101	0.114
	(0.306)	(0.313)	(0.301)	(0.318)
Age (18-64 = 0 / 65+ = 1)	0.749	0.753	0.756	0.733
	(0.434)	(0.431)	(0.430)	(0.422)
Gender (Male = 0 / Female = 1)	0.668	0.664	0.667	0.662
	(0.471)	(0.472)	(0.471)	(0.473)
Support setting: Residential care home (ref	0.234	0.247	0.232	0.145
Community)	(0.424)	(0.431)	(0.422)	(0.352)
Support setting: Nursing care home (ref	0.074	0.073	0.086	0.048
Community)	(0.262)	(0.260)	(0.280)	(0.214)

Descriptive statistics – staffing at LA-level

Staff characteristic	Setting	2017	2018	2019	2021
Average hourly pay	Non-residential	8.21	8.54	8.93	9.78
		(0.42)	(0.41)	(0.39)	(0.40)
	n	144	146	146	148
	Residential care home	7.94	8.25	8.62	9.45
		(0.35)	(0.32)	(0.32)	(0.28)
	n	146	143	143	144
	Nursing care home	7.79	8.12	8.50	9.39
		(0.26)	(0.23)	(0.26)	(0.28)
	n	134	133	127	136
Proportion with Zero-	Non-residential	0.602	0.592	0.589	0.575
Hours Contract		(0.185)	(0.194)	(0.183)	(0.192)
	n	129	132	130	136
	Residential care home	0.116	0.110	0.108	0.113
		(0.060)	(0.053)	(0.054)	0.055
	n	149	148	147	147
	Nursing care home	0.100	0.096	0.090	0.094
		(0.060)	(0.057	(0.046)	(0.053)
	n	145	147	145	147
Proportion with social	Non-residential	0.455	0.450	0.419	0.403
care qualification		(0.114)	(0.114)	(0.115)	(0.115)
	n	146	148	147	150
	Residential care home	0.566	0.550	0.535	0.486
		(0.114)	(0.116)	(0.120)	(0.141)
	n	141	143	140	149
	Nursing care home	0.494	0.486	0.485	0.434
		(0.182)	(0.189)	(0.173)	(0.176)
	n	143	148	146	145



Results

Table 7: OLS results of estimation of social care related quality of life, model 1, by year

	2017	2018	2019	2021	Pooled
Setting: All					
Average hourly pay	0.009	0.021**	0.011	0.025**	0.012**
	(0.008)	(0.010)	(0.014)	(0.010)	(0.005)
Proportion with Zero-Hours	-0.016	0.001	-0.061**	-0.017	-0.010
Contract	(0.018)	(0.016)	(0.024)	(0.016)	(0.011)
Proportion with social care	-0.007	0.008	-0.013	0.040*	0.009
qualification	(0.023)	(0.023)	(0.024)	(0.021)	(0.011)

- Size of effect: £1 average hourly wage rise increases SCRQoL by 0.012 (1.6% of average SCRQoL)
- Average hourly pay coefficient of 0.003 (ρ=0.659) when care receipt proxy variables not included (pooled CS)



Cost effectiveness – All settings

	Average hourly pay	AHP + £0.25	AHP + £0.50	AHP + £0.75	AHP + £1
Pooled cross section					
QALY (adjusted mean)	0.770 (0.767 – 0.773)	0.773 (0.769 – 0.776)	0.776 (0.771 – 0.781)	0.779 (0.772 – 0.787)	0.783 (0.772 – 0.794)
Outcome vs control (per person)		0.003** (0.0003 – 0.005)	0.006** (0.001 – 0.010)	0.009** (0.002 – 0.016)	0.013** (0.003 – 0.023)
cost vs control (per person, £)		374.41	748.83	1,123.24	1,497.66
ICER (£ per QALY)		140,386	131,027	122,834	115,606

Home care setting, ICER ranges from £82,000 (£0.25 per hour) to £53,000 (£1 per hour).





Discussion

- Policies aimed at improving retention and filling staff vacancies could have knock-on effects on quality of care
- We have found evidence to support this increasing wages improves individual outcomes
 - Size of effect small to be expected given level of staffing data?
- Cost-effectiveness estimates
 - Exploratory, but first for England
 - Important for policy decisions





Limitations

- Little evidence of diminishing marginal returns
- More granular staff data required to confirm these findings
- Potential limitation of lack of data on care receipt
- Not able to discern reasons for higher pay research required on LA wage policy and its effects
- Exploratory cost-effectiveness analysis
 - Does not include staffing outcomes
 - Only direct hourly wage costs considered
 - Effect on self-funders?





Thank you!



